

Agenda 2016

Sharing experience for community wellness

FNHDA Annual General Meeting PRE-CONFERENCE: September 26, 2016				
DAY 1: September 27, 2016: Weaving Networks (Reaching Out & Nurturing Support Networks)				
Time	Activity	Presenter/Special Notes		
7:00–7:30am (Eagle Room)	Yoga for all levels	Laura Cook, Way Clinic		
7:30 (Lobby)	Registration Opens			
7:30 – 8:30 (Orca Room)	Breakfast			
8:30 – 8:45 (Grizzly Room)	Opening Prayer Welcome to Coast Ts'msyen (Tsimshian) Territory	Elder Murray Smith, Tsimshian Nation		
8:45 – 9:30 (Grizzly Room)	Welcoming Remarks • Presidential Opening Remarks • Review of the Agenda	Kim Brooks, President, FNHDA Lauren Brown, Northern Representative, FNHDA		
9:30 - 12:00	Regional Collaboration Meetings	Meeting Room Location: North Region – Orca Room Interior Region – Grizzly Room Vancouver Island Region – Eagle Room Fraser Salish Region – Grizzly Room Vancouver Coastal Region – BC Room, Crest Hotel		
12:00 – 1:00 (Orca Room)	Lunch			
1:00 - 1:30 (Grizzly Room)	New Board Members Ceremony • Blanketing of new Board Members • Board of Directors Oath of Office Ceremony	Kim Brooks, President, FNHDA Christine Stahler, Executive Director, FNHC/FNHDA Shared Secretariat, FNHA		

Time	Activity	Presenter/Special Notes
1:30 – 3:30 (Grizzly Room)	Annual General Meeting Annual Board Report and Financial Statement	Kim Brooks, President, FNHDA Keith Marshall, Vice-President, FNHDA Virginia Peters, Secretary-Treasurer, FNHDA Supported by all FNHDA Board of Directors
3:30 – 4:00 (Grizzly Room)	Closing Remarks	Lauren Brown, Northern Representative, FNHDA Elder Murray Smith, Tsimshian Nation
4:00 - 8:00	Wellness Activity (optional) • Energy-based Healing • Traditional Healing Sessions • Yoga • Cedar-brushing • Make-up/Nails • Acupuncture/Psychic-reading	
	Dinner on your own	

DAY 2: September 28, 2016: Honouring the Land (Getting Outside)		
Time	Activity	Presenter/Special Notes
7:00 - 7:30 (Eagle Room)	Yoga for all levels	Laura Cook, Way Clinic
7:30 (Lobby)	Registration opens	
7:30 – 8:30 (Orca Room)	Breakfast	
7:30 – 8:30 (Grizzly Room)	Breakfast, Wellness Activity & Prize Giveaway	
8:30 – 8:45 (Grizzly Room)	Opening Prayer	Elder Murray Smith, Tsimshian Nation
8:45 – 9:05 (Grizzly Room)	Review of the Agenda	Patricia Hoard, Northern Representative, FNHDA
9:05 – 9:30 (Grizzly Room)	Head to Heart Campaign	Kim Brooks, President, FNHDA
9:30 – 10:30 (Eagle Room)	Yoga Exercises Yoga Section, Ballroom	Laura Cook, Way Clinic

Time	Activity	Presenter/Special Notes
10:30 - 10:45	Health Break	
11:00 - 12:00 (Grizzly Room)	FNHDA Health Director Job Description	Christine Stahler, Executive Director, FNHC/FNHDA Shared Secretariat , FNHA Verne Tom, Northern Representative, FNHDA Karen Duncan, Business Transformation Manager
12:00 – 1:00 (Orca Room)	Lunch	
1:00 – 1:30 (Grizzly Room)	Gathering Space: Members' Portal Training	Kim Brooks, President, FNHDA Andrew Sawyer, Network Analyst, FNHA
1:30 – 3:00 (Grizzly Room)	Professional Development (DISC)	Rachelle Andrew-Nelson, Vancouver Coastal Region FNHDA Board Representative Karen Duncan, Business Transformation Manager Katie Skeleton, HR Consulting Service Manager, FNHA Debra Lummas, Recruitment Specialist, FNHA Becky Palmer, Chief Nursing Manager, FNHA
3:00 - 3:15	Health Break	
3:15 - 4:45 (Grizzly Room)	Professional Development (DISC)	Rachelle Andrew-Nelson, Vancouver Coastal Region FNHDA Board Representative Karen Duncan, Business Transformation Manager, FNHA Katie Skeleton, HR Consulting Service Manager, FNHA Debra Lummas, Recruitment Specialist, FNHA Becky Palmer, Chief Nursing Manager, FNHA
4:45 - 5:00 (Grizzly Room)	Summary of the Day	Patricia Hoard, Northern Representative, FNHDA
5:00 - 6:00	Break time	
6:00 - 6:30 (Grizzly Room)	Gala Formal Dinner	Virginia Peters, Interim Elder Advisor, FNHDA Lauren Brown, Northern Representative, FNHDA
6:30 - 7:30 (Grizzly Room)	Inspiration Awards & Honoring Ceremony	Keith Marshall, Vice-President, FNHDA Lauren Brown, Northern Representative, FNHDA
7:30 - 8:00 (Grizzly Room)	Special Cultural Performance: Wii Gisigwilgwelk (Big Northern Lights) Dancers	Lauren Brown, Northern Representative, FNHDA
8:00 - 8:15 (Grizzly Room)	Closing Prayer	Virginia Peters, Interim Elder Advisor, FNHDA

DAY 3: September 29, 2016: Powering Down (Unplugging from Technology)		
Time	Activity	Presenter/Special Notes
7:00 - 7:30 (Eagle Room)	Yoga for all levels	Laura Cook, Way Clinic
7:30 (Lobby)	Registration opens	
7:30 – 8:30 (Orca Room)	Breakfast	
8:30 – 8:45 (Grizzly Room)	Opening Prayer	Elder Murray Smith, Tsimshian Nation
8:45 – 9:00 (Grizzly Room)	Welcome & Review of Agenda	Verne Tom, Northern Representative, FNHDA
9:00 – 12:00 (Grizzly Room)	Health Director Certification Overview PPT & Member Feedback	FNHDA Certification Focus Group Members: Jacki McPherson, Certification Focus Group Member and Interior Board Representative, FNHDA Virginia Peters, Certification Focus Group Member and Fraser Salish Board Representative, FNHDA Laura Jameson, Certification Focus Group Member, FNHDA Charles Nelson, Certification Focus Group Member, FNHDA Dr. Cathy Martin, Gevity Consulting
12:00 – 12:45 (Orca Room)	Lunch & Check-Out from Hotel	
12:45 – 1:15 (Grizzly Room)	FNHDA Years of Service Awards	FNHDA Board Members
1:15 - 1:30 (Grizzly Room)	Closing Comments, FNHDA	Verne Tom, Northern Representative, FNHDA Kim Brooks, President, FNHDA
1:30 - 1:45 (Grizzly Room)	Closing Prayer	Elder Murray Smith, Tsimshian Nation
2:15 (Hotel Lobby)	Shuttles leave for flights	
3:00	Flights back home	