



First Nations Health Authority
Health through wellness

Sharing from the Heart Circle

Supporting people impacted by the toxic drug crisis

This weekly circle is for people who
have lost a loved one to drug poisoning or
have loved ones who are in active addiction.

We will gather virtually to hold each other up
– by listening to one another and managing
our hardships together.

Sharing our pain in a safe space can be healing.

Cultural Support will be provided by
Tsow-Tun Le Lum Society

Wednesdays at 7-8 p.m.



FACILITATOR

Hadih, my name is Jamey Dye and my family is from the Nakzko Nation in the Cariboo region of Northern BC. My people are the Dakelh. My community and family have been highly impacted by residential school and the sixties scoop, which has led me along my personal and career journey of healing. In my 20-year career I have worked in communities across BC in a support capacity and for the past 10 years I have worked for the Ministry of Health in various mental health roles. I have three children who are my heart and soul— two grown boys and a ten year-old daughter. They keep me reaching for a world where Indigenous communities are healing, proud and thriving.

To learn more and register, email Corrina Chase at corrina.chase@fnha.ca. Please reach out.